|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| **Child data** | | | |  | |
| First Name | Last Name | | Birth date | Gender | |
|  |  | |  |  | |
| **Antropometrics** | | | |  | |
| Body Length | | Value between 50 and 250 | | cm | |
| Body Weight | | Value between 10 and 200 | | kg | |
| **Coordination** | | | |  | |
| Balance Beam | | Value between 0 and 8 | | |  |  |  | | --- | --- | --- | | # | # | # | | # | # | # | | # | # | # | | |
| Eye-hand Coordination | | Value between 0 and 40 | | |  |  | | --- | --- | | # | # | | |
| Jumping Sideways | | Value between 5 and 70 | | |  |  | | --- | --- | | # | # | | |
| Moving Sideways | | Value between 5 and 60 | | |  |  | | --- | --- | | # | # | | |
| Shuttle Throw Distance | | Value between 0 and 9000 | | |  |  |  | | --- | --- | --- | | cm | cm | cm | | cm | cm |  | | |
| **Flexibility** | | | |  | |
| Shoulder Flexibility | | Value between 0 and 150 | | cm | |
| Sit and Reach | | Value between 0 and 50 | | cm | |
| **Strength** | | | |  | |
| Curl-ups | | Value between 0 and 75 | | # | |
| Knee Push-Ups | | Value between 0 and 65 | | # | |
| Standing Broad Jump | | Value between 0 and 350 | | |  |  | | --- | --- | | cm | cm | | |
| **Speed** | | | | |  |
| Shuttle Run 10x5m | | Value between 0 and 50 | | | s |
| **Endurance** | | | | |  |
| Endurance Shuttle Run | | Value between 0 and 20 | | | min |